

Administration of Emergency Contraceptive Pill

Rationale The following procedures are designed to ensure that the Emergency Contraceptive Pill is administered by the Registered Nurse (RN) in accordance with the guidelines set out in the school Sexual Health Policy.

Procedures

1. The RN must be endorsed by New Zealand Nursing Council (NZNC) or given Standing Orders to administer the Emergency Contraceptive Pill (ECP) from an issuing doctor.
2. The RN should be covered by Indemnity insurance.
3. When a student requests the ECP, the RN will interview her in order to complete a questionnaire. It contains the following critical questions which cover:
 - a. The date of the student's last menstrual period to ensure she is not already pregnant
 - b. The date and time of the student's last unprotected intercourse to ensure it is not outside of the last 72 hours
 - c. Whether the sex was consenting
 - d. Whether the student used hormonal contraceptives or devices
 - e. The student's on going method of contraception
 - f. Any contraindications from other medications
4. Whilst filling in the questionnaire, the Registered Nurse will discuss with the student the choices around ABC – Abstinence, Being Faithful and Contraception.
5. In accordance with the NZNC endorsement or Standing Orders, a student must take the ECP at school under the direct supervision of the RN.
6. The RN must document in the students health file the administering of the ECP including the drug, the dose, date, time and method of administration plus the follow up appointments.
7. The questionnaire and associated documentation must be sent to the issuing doctor who issued the Standing Orders, to be signed off and to ensure that best practice is maintained.
8. There are two checks in place to ensure that an individual student is not using the ECP as their standard contraceptive method. The first is the RN and the second is the issuing doctor. In such cases, the RN will organise a referral to a local provider for appropriate long-term contraception.