COUNTIES MANUKAU DISTRICT HEALTH BOARD
A Community Partnership

# Urethral Discharge and/or Dysuria

- Patient complains of **urethral discharge** and/or **dysuria**

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**Investigations:**
- **First void urine** – *chlamydia*
- **Urethral swab** – *gonorrhoea*

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**Examination findings:**
- **Profuse purulent penile discharge?**
- **OR contact of gonorrhoea?**

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**YES:**
**Presumptive gonorrhoea:**
- Ceftriaxone 250mg im
- **AND** Azithromycin 1gm stat p.o.

**NO:**
**Treat for non-gonococcal urethritis with:**
- Azithromycin 1gm stat po – observed therapy
- OR Doxycycline 100mg bd 7 days

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**Follow-up and partner notification:**
- Advise patient that all sexual contacts within past 60 days need testing and treatment
- Check results
- If **gonorrhoea positive and untreated** – treat accordingly with Ciprofloxacin if sensitive strain or Ceftriaxone
- Advise no unprotected sex for 1 week AND until current partner(s) treated