COUNTIES MANUKAU DISTRICT HEALTH BOARD
A Community Partnership

Patient complains of **vaginal discharge +/- itching and soreness**

Investigations:
- **Endo-cervical swab** for **chlamydia**
- **Endo-cervical swab** for **gonorrhoea**
- **High vaginal swab** for **trichomonas candida and BV**

Examination findings:
- **Vulvitis/vaginitis**
- Thick **white curd-like vaginal discharge**

Treatment:
- Presumptive **candidiasis**
- **Topical antifungal** such as clotrimazole

Examination findings:
- **NO vaginitis or vulvitis**
- **Fishy smelling white/grey** adherent **vaginal discharge**

Treatment:
- Presumptive **bacterial vaginosis**
- **Metronidazole 2gm stat** or **400mg bd 7 days** (*7 day regimen preferred in pregnancy*)

Examination findings:
- **Vulvitis/vaginitis**
- **Offensive purulent frothy vaginal discharge**

Treatment:
- Presumptive **trichomoniasis**
- **Metronidazole 400mg bd 7 days**

Follow-up:
- Check results and resolution of symptoms
- **If positive results for chlamydia, gonorrhoea** or **trichomonas** – ensure **appropriate treatment and partner notification**
- **If negative results and symptoms persist – refer to a Specialist Sexual Health Service**

Vaginal Discharge