

# Administration of Emergency Contraceptive Pill

## Rationale

The following procedures are designed to ensure that the Emergency Contraceptive Pill is administered by the Registered Nurse in accordance with the guidelines set out in the <<the school>> Sexual Health Policy.

## Procedures

1. The Registered Nurse must be given Standing Orders to administer the Emergency Contraceptive Pill (ECP) from an <<issuing doctor>> doctor. These Standing Orders are issued to nurses who have has been endorsed by the Nursing Council as having received the appropriate training to administer the ECP.
2. The Registered Nurse must be covered by Indemnity insurance.
3. When a student requests the ECP, the Registered Nurse will interview her in order to complete a questionnaire. It contains the following critical questions which cover:
  - a. The date of the student's last menstrual period to ensure she is not already pregnant
  - b. The date and time of the student's last unprotected intercourse to ensure it is not outside of the last 72 hours
  - c. Whether the sex was consenting
  - d. Whether the student used hormonal contraceptives or devices
  - e. The student's ongoing method of contraception
  - f. Any contraindications from other medications
4. Whilst filling in the questionnaire, the Registered Nurse will discuss with the student the choices around ABC – Abstinence, Being Faithful and Contraception.
5. In accordance with the Standing Orders, a student must take two Emergency Contraceptive Pills at school under the direct supervision of the nurse.
6. The Registered Nurse must document in the students health file the administering of the ECP including the drug, the dose, date, time and method of administration plus the follow up appointments.
7. The questionnaire and associated documentation must be sent to the <<issuing doctor>> doctor who issued the Standing Orders, to be signed off and to ensure that best practice is maintained.
8. There are two checks in place to ensure that an individual student is not using the ECP as their standard contraceptive method. The first is the Registered Nurse and the second is the <<issuing doctor>> doctor. In such cases, the Registered Nurse will organise a referral to a local provider for appropriate long-term contraception.
9. The ECP will be provided free to <<the school>> through <<issuing doctor>>.