

Kidz First Children's Hospital & Community Health

Centre for Youth Health Professional Development 2010

Please check our website for updates on times, dates and information about our courses. The Centre for Youth Health is happy to consider additional training for health providers if requested.

Website: <http://www.healthpoint.co.nz/default,23135.sm>

Introductory Youth Health Workshops

The Youth Health Workshops provide practical programmes to enhance professional skills when working with young people in clinical and community settings. The workshops will be held at the Botanical Gardens, Manurewa.

The HEeADSSS Assessment 18 February 26 April 10 June 18 October

A one day introduction to clinical practice in youth health including: communication and engagement in youth health and using the HEeADSSS assessment model. **Fee: \$50**

Who should attend? Anyone working with young people.

What Comes After HEeADSSS? 11 March 26 August

This one day course gives an introduction to intervention skills when working with young people such as problem solving, motivational interviewing and discussing principles of behaviour change in young people. **Fee: \$50**

Who should attend? Those who have completed the HEeADSSS Assessment training.

Bookings are essential and confirmation will be given on receipt of payment.
For bookings or further information please contact the Centre for Youth Health
Phone: (09) 261 2272 Fax: (09) 261 2273

E-mail: cfyh@middlemore.co.nz

We regret that CfYH is unable to give refunds. Arrangements can be made for credits for future training.

Postgraduate Study in Youth Health

The Centre for Youth Health is delighted to continue supporting Youth Health training with The University of Auckland. This postgraduate degree aims to integrate the best of academic, research and real world experience for health professionals and others wanting to work at an advanced level with youth. For 2010 the following courses are available:

Youth Health 1 (PAEDS 712)

Semester 1

Core skills in youth health including: effective engagement, assessment and intervention skills for working with young people in a range of clinical or community settings.

Teaching Days: 3 March, 24 March, 28 April, 19 May

Who should attend? Anyone working with young people.

Population Youth Health (POPLHLTH 732)

Semester 1

The aim of this course is to prepare students for a role in youth health in a variety of locations and sectors. In doing this, students are exposed to current research and practice relating to population youth health and evidence-based health care. Participants will learn the rationale, bases of need, means of assessment and evaluation of population programmes focusing on the health of youth. Participants will also learn how to translate ones professional orientation into population level applications associated with the organisation and provision of community based health activities and study and discuss opportunities for improvement of the health of young people (and families) in the community.

Teaching Days: 15 March, 19 April, 10 May, 31 May

Health, Education and Youth Development (PAEDS 719)

Semester 2

This course offers insights and strategies to work with young people in the rapidly developing health and education sector interface.

Teaching Days: 19 July, 9 August, 13 September, 4 October

Who should attend? Ideal for Health Professionals who work in school setting.

Youth Health Leadership (PAEDS 720)

Semester 2

The aim of this course is to extend participants knowledge of youth health and well-being and prepare participants for leadership roles in youth health. Participants will expand their knowledge of the theory of youth development and study examples of effective youth development programs. Participants will develop and present a youth health project in their field of work. Students will be taught the necessary knowledge, skills and attitudes to support their leadership in the development of their project.

Teaching Days: 5 August, 26 August, 30 September, 21 October

For further information, see The University of Auckland website:

<http://www.health.auckland.ac.nz/population-health/study> and click *Youth Health* in the subject list.

From here you can fill out an expression of interest and we will contact you. Alternatively, send academic enquiries to Dr Simon Denny, email: s.denny@auckland.ac.nz